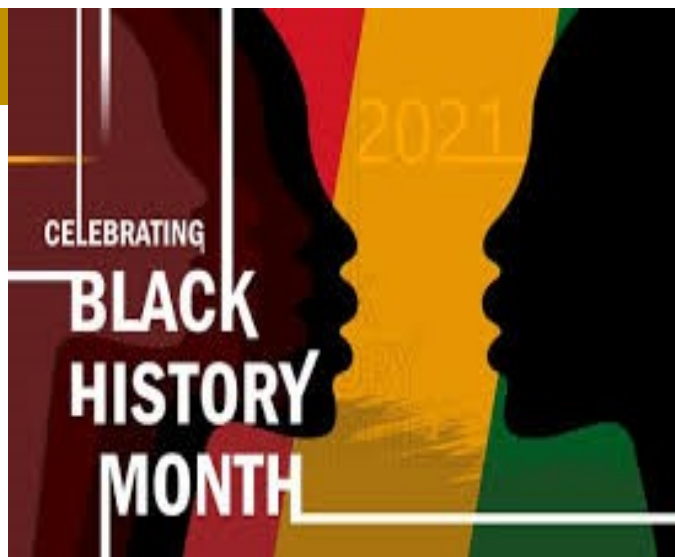




February is Black History Month

Black History Month (BHM) is equally about honoring the struggles of black people in the US as well as their resilience and their contributions to our society and culture. Black history is American history. BHM is also a time to reflect on the continued struggle for racial justice. Throughout the month, the Back Page will feature ways that the whole family can honor BHM together -- from learning about racism and white privilege, to celebrating black history, to taking action.



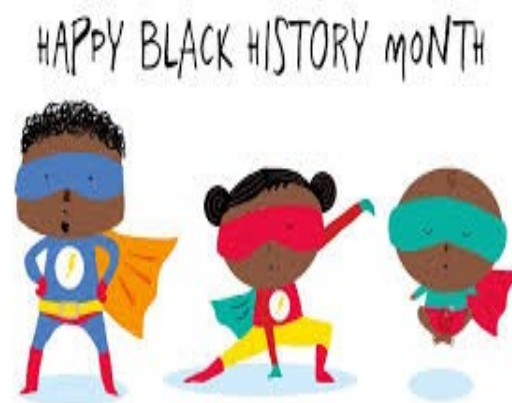
Not sure where to start?

Take a look at this [TED Talk called “Why we need to Talk to Children about Race & Difference”](#) from Biz Lindsay-Ryan, a trainer and consultant who is passionate about helping parents navigate difficult discussions with children about race. Also, here is a [TED Talk called “Black History is American History,”](#) by Okalani Dawkins, where she talks about how black history is not just the stories of black people fighting against slavery and for civil rights, but is also the stories of everyday black people thriving, inventing, and creating.

Celebrate With Your Family

Check out this list of resources we’ve put together that can help the whole family learn about black history and social justice -- movies, books, YouTube videos, and more.

<https://docs.google.com/document/d/1ZneM4XGj3SLccJXdWUvi27jUSdn-XOojLiY8eXGf3o8/edit?usp=sharing>



How LIFRC Is Celebrating

Our mission is to provide resources and guidance necessary to meet the basic needs of the entire community. An important part of that mission is that we continuously grow as an organization. Toward that end, we have “JEDI” (Justice, Equity, Diversity, Inclusion) talks at every staff meeting, where we discuss current events relating to social justice. We’ll be continuing our learning this month by checking out some stuff from the social justice resource list!