

Lopez Island School District #144

86 School Road
Lopez Island, WA 98261
Phone 360-468-2202 Fax (360) 468-2212
www.lopezislandschool.org

Brian Auckland, Superintendent/Elementary Principal

Dr. Martha Martin, Secondary Principal

November 13, 2020

Hello there LISD families!

Well, here we are in mid-November. I continue to be impressed by the dedication and grit of the LISD staff. They are working so hard to engage students, design and redesign curriculum, meet a diverse set of learning needs, and strike a remote classroom balance between empathy and accountability. They are making and delivering lunches to the children of Lopez Island. They are building relationships, listening, and finding answers to questions. They are helping students and families, and they are helping each other. Everyone here has an important job and an essential set of responsibilities. I'm grateful for each one of them, and so very proud to be part of this crew.

To continue the explanation of our new staff community agreements, today I'm introducing our third agreement to you: ***We act with emotional awareness and self-regulation (more curiosity/less judgment)***. Emotional awareness and self-regulation are two of the five components of emotional intelligence. We work to recognize and make sense of our own emotions, which helps us understand the impact of our words, actions, body language, and energy on students, families, and colleagues. Self-regulation allows us to use that awareness to make modifications in our behavior, sometimes for the benefit of those around us.

If you're super interested in this stuff, I encourage you to look up some info on Daniel Goleman's work on emotional intelligence.

Qmlative

Check out this great tutorial to help parents navigate [Qmlativ](#). If you are having trouble logging in or need additional assistance, please contact the district office.

For Secondary Families

Term 3 begins on Monday! That means D, E, and F classes. The weekly schedule is the same with all three classes on Monday and Friday, and a three hour block on Tuesday, Wednesday, and Thursday.

The Lopez Island School District does not discriminate in any programs or activities on the basis of sex, race, creed, religion, color, national origin, age, veteran or military status, sexual orientation, gender expression or identity, disability, or the use of a trained dog guide or service animal and provides equal access to the Boy Scouts and other designated youth groups. The following employee(s) has been designated to handle questions and complaints of alleged discrimination: Civil Rights Compliance Coordinator, Superintendent Brian Auckland – bauckland@lopezislandschool.org, Title IX Coordinator, HR Specialist Renee Koplan – rkoplan@lopezislandschool.org, Section 504 Academic Case Manager, K-12 Counselor Jeanna Carter – jcarter@lopezislandschool.org, OR contact by phone, 360-468-2202, OR mail to 86 School Rd, Lopez Island, WA 98261.

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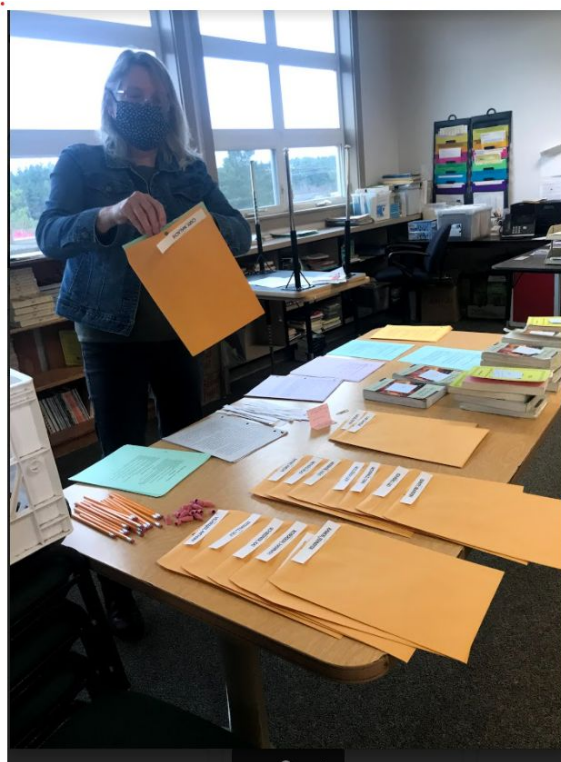
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Secondary teachers are coming up with some fun activities and club ideas for secondary students to look forward to this winter...small clubs of 4-5 students that would meet once a week or every other week with safety measures followed. We are developing ideas for in-person clubs and remote clubs as well. We are in the planning process now, but we are interested in participation from parents, students, and community members who want to host a small club or be in the planning process. Please email jterada@lopezislandschool.org if you are interested in hosting a club or helping plan the activities. Below is the list of ideas we have so far and will hopefully get a survey out to students in the next couple weeks.

- Badminton/ Sports
- Campfire/ Outdoor Cooking
- Yoga
- Art Club
- Sewing / Knitting
- Hiking/ Foraging
- Carving
- Book Club
- Girls Club
- Boys Club
- Film Club
- Sailing Club
- Culinary
- GSA
- Kayaking

Our amazing librarian, Dierdre, prepares folders for secondary students as we head to Term 3 next week. Did you know you can still check out library books?



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Technology Help for Parents/Guardians

Here are some helpful videos for the technology we are using for remote learning.

- <https://youtu.be/IgS-hoSIjnw> **Google Classroom for parents (Secondary)**
- https://youtu.be/_LVcXsMLbXw **Seesaw for parents (Grades K, 4, 5)**
- <https://youtu.be/9ju-vXXwNGY> **Classtag for Parents (Grades 1, 2, 3)**

Virus Update from our nurse, Karen Hattman

King County has reported a case of measles with potential exposure of people at Sea-Tac on Nov. 5 at the baggage claim. Measles is highly contagious and is transmitted through the air after the infected person coughs or sneezes. The communicable phase is 2 days PRIOR to having symptoms to 2 days after symptoms appear. The virus remains in the air for 2 hours after the infected person leaves the area.

Although it is unlikely anyone on Lopez was exposed in this case, it highlights how easily the virus could come to the island. Please review your child's and your vaccination record to see if they are up to date. Look for documentation for an MMR immunization given. There needs to be 2 MMR injections given to insure immunity.

If you have questions, please contact your primary care practitioner for advice on updating immunizations.

What's going on around here?

Kendra Lewis: The 2nd and 3rd graders were delighted to have Sam Valenti (Winslow's dad) join us for a Fun Friday zoom to teach us how to tie a bowline knot. He even made color coded sections of rope for each student so they could practice. Thanks Sam!

We were also lucky to have Claudia Rempel (Silas's mom) join us last Friday to teach the students about Central America. Claudia talked to us about the culture and food of Nicaragua and taught us some Spanish words. Thanks Claudia!

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From Rachel Post: **First graders appreciate our Lopez Island veterans.**



Have a wonderful weekend, everyone.

All my best,
Martha, Secondary Principal

“Deciding everything is falling into place perfectly....as long as you don’t get to picky about what you mean by place....or perfectly.” - Brian Andreas

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