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A weekly newsletter from the Lopez Island Family Resource Center (LIFRC). It includes information about LIFRC programs like the **Lopez Food Share**, **Thanksgiving and Spirit of Giving**; also reminders for federal, state and local utility and food assistance programs. For more information find us at lifrc.org



SPIRIT OF GIVING

The Spirit of Giving is upon us and if you would like to sign up, please call the LIFRC and we can give you more information and answer any questions you may have.

360.468.4117

Lopez Food Share

Welcome to anyone who would like fresh produce from local farms, local bread, home made soup, goat cheese, canned goods and much more!

Drive up every Tuesday
11-1 pm at the LIFRC



NOVEMBER 1ST - DECEMBER 15
Call the LIFRC to schedule an appointment with a Navigator or Contact Lori Taylor, our local health care broker, at 468.3998

ENERGY ASSISTANCE IS HERE!



APPLICATIONS OPEN NOW!

Call the LIFRC to apply for Project PAL electricity assistance:
Mon-Fri 10-2

Eligible & active OPALCO members may qualify for up to \$150 in funds each year.

Lopez Island Family Resource Center

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