

# THE BACK PAGE

A weekly newsletter from the Lopez Island Family Resource Center (LIFRC). Includes information about LIFRC programs and also reminders of federal, state, and local utility and food assistance programs. For more information, find us at [lifrc.org](http://lifrc.org) or call us at 360.468.4117.



## New After School Program Coming Soon

### Outdoor Exploration at Odlin Park for 3<sup>rd</sup>, 4<sup>th</sup>, and 5<sup>th</sup> graders

Instructors Sean Poynter and Q Williams

Eight Thursday afternoons starting Feb 4<sup>th</sup>  
through March 25<sup>th</sup> from 1-4 pm, at Odlin Park

The program is at no cost to Lopez families and  
funded by the "No Child Left Inside Grant".

Find more information [here](#).



## Lopez Food Share

Drive by and pick up fresh produce from local farms, locally made soup, bread, tortillas, dry foods and canned goods! You can pre-order ahead of time and have your choice food already packed for you upon arrival. We're now at Lopez Storage, 1008 Dill Rd. Contact Katherine Bryant Ingman, Food Programs

Manager, [katherine@lifrc.org](mailto:katherine@lifrc.org)



## Washington Basic Food, SNAP

**Congress approved supplemental funding for recipients of food assistance due to the impacts of COVID-19!!** Food supplements have been issued since April 2020 and continue on a month-to-month basis with federal approval. Call the LIFRC to apply.



Household Size	Monthly Income
1	\$2,127
2	\$2,873
3	\$3,620
4	\$4,367
5	\$5,113
6	\$7,354

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